

British Columbia Athletic Commission Anti-Doping Policy

Contestant or Second Anti-Doping Acknowledgement

I understand that the British Columbia Athletic Commission (BCAC) has an Anti-Doping Policy (the Policy) in force. I further understand and agree that:

1) As a *Contestant* or *Second* who is a license holder of BCAC, participating in Events sanctioned by BCAC, or serving a sanction under the Policy, I am subject to the Policy and, as a result, I am bound by and must respect all the rules and regulations contained therein.

2) I have had the opportunity to review the materials available at the <u>BC Athletic Commissioner</u> website that explain what is included in the Policy, or I have been informed, by the present, that such materials are available for review, including but not limited to:

- The sample collection process;
- Roles and responsibilities of *Contestants* and *Seconds*;
- Substances and methods on the Prohibited List;
- The Medical Exemption process; and
- Violations and sanctions under the Policy.

3) There is a risk of doping associated with using nutritional and performance supplements, and it is my responsibility to ensure that anything I consume is free of prohibited substances.

4) Some prescription and non-prescription medications are prohibited in sport, and it is my responsibility to check the status of my medications and take the necessary steps to acquire a <u>medical exemption</u> as required under the Policy.

5) I will be held strictly liable for any prohibited substance found in any sample that I provide.

6) The Policy applies to me, and I may be selected for doping control at any BCAC sanctioned event. I may be required to provide a urine and/or blood sample for testing.

7) I must disclose to the BCAC if I am serving a sanction for an anti-doping rule violation under the rules of another antidoping program or if a sanction for an anti-doping rule violation is imposed against me under the rules of another antidoping program after the date of signature of this form.

8) Any offensive conduct towards doping control personnel, even if it does not result in an anti-doping rule violation, may still result in a suspension or penalty under BCAC's regulations.

9) I will be subject to the Policy until my retirement *or* the conclusion of a results management process for an anti-doping rule violation asserted against me under the Policy.

By signing this form, I acknowledge and agree that I will remain subject to the Policy and the clauses above as long as I am licenced to participate in BCAC events, and that I have been informed of or had the opportunity to review the antidoping materials provided on the BCAC website before participating in an event.